

# Health Insurance

One of the distinctive qualities of food baked with Royal Baking Powder is wholesomeness.

This is health insurance of such vital importance that millions of women bake at home just to be sure that Royal Baking Powder is used.

Remember the adage—"Bake it with Royal and be sure."

## ROYAL BAKING POWDER

**Absolutely Pure**

Made from Cream of Tartar derived from grapes

**Royal Contains No Alum—  
Leaves No Bitter Taste**

### THE ADVOCATE NOT DUE TO SEX ALONE

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EDITOR

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ASSOCIATE EDITOR

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**BARBOURVILLE, KENTUCKY**

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OFFICIAL ORGAN OF THE RE-  
PUBLICAN PARTY IN  
KNOX COUNTY

SUBSCRIPTION RATES  
(Strictly in advance)  
One Year ..... \$1.50  
Six Months ..... \$0.75

Any items intended for publication  
should reach this office not later  
than Wednesday or we will be forced  
to carry it over for the coming week.

JOHN H. CATRON FOR  
REPRESENTATIVE

To The Republicans of Knox  
County:—After having been urged  
by a great number of Republicans  
I have decided to and do hereby an-  
nounce my candidacy for Representative  
to the Kentucky Legislature for  
33rd District of Kentucky.

I am a straight forward, old time  
Republican, and have always been  
found doing the best I could for the  
Republican Party in every contest it  
has had since I was old enough to  
take part in politics. My father was  
a Union Soldier. Four of my uncles  
were killed while fighting in the Union  
Army.

I stand for the election of Edwin  
P. Morrow as Governor of Kentucky  
and along with him every candidate  
on the Republican ticket this fall.  
I want to see Kentucky made safe  
for the Republican Party.

If nominated and elected, I shall  
use my vote influence to secure bet-  
ter public schools and better paid  
teachers. My vote and influence will  
be used to relieve the heavy burdens  
of taxation which have been unjustly  
saddled upon this section of the  
State. I am in favor of fair wages  
for the laboring man and if elected,  
I shall use my vote and influence to  
secure for them better living condi-  
tions.

I will appreciate the vote and sup-  
port of the Republicans of Knox Co.  
in the Primary Election to be held  
on August the 2nd, 1919, and if e-  
lected to this responsible office, I  
will use all my effort to make an  
efficient and faithful officer.

Respectfully, John H. Catron.

#### WANTED

Carpenters, Boat Builders, Joiners,  
Cabinet Makers, Millwrights, Tin-  
smiths, Plumbers, Pipefitters, and  
Painters for work on high class  
yachts and phonograph cabinets.  
Steady work. Our shops are sani-  
tary, light and steam-heated.  
The Matthews Company, Port Clin-  
ton, Ohio. 27-71

Barbourville Women Have Learned  
The Cause of Many Mysterious  
Pains and Aches

Many women have come to know  
that sex isn't the reason for all back-  
aches, dizzy headaches and urinary  
disorders. Men have these troubles,  
too, and often they come from kid-  
ney weakness. To live simply, eat  
sparingly, take better care of one's  
self and to use Doan's Kidney Pills,  
is bound to help had kidneys get bet-  
ter. There is no other remedy so  
well recommended by Barbourville  
people. Read this case:

Mrs. J. T. Beddow, N. Main St.,  
Barbourville, says: "I can recom-  
mend Doan's Kidney Pills from ex-  
perience. My kidneys were weak  
and I suffered from nervous, dizzy  
headaches. I was run down and the  
least work tired me out. The  
action of my kidneys was irregular,  
too. I bought Doan's Kidney Pills  
from the Costello Drug Co. and  
used them as directed. They helped  
me in every way, strengthening my  
kidneys and relieving the dizzy spells  
and headaches."

Price 60c. at all dealers. Don't  
simply ask for a kidney remedy—  
get Doan's Kidney Pills—the same  
that Mrs. Beddow had. Foster-Mil-  
burn Co., Mfrs., Buffalo, N. Y.

#### TRACE BRANCH ROAD IMPROVED

W. H. Hignite believes in good  
roads, an earnest of this fact he and  
twenty-eight militia, who responded  
heartily, have done some splendid  
work from the A. V. Anderson place  
to Trace Branch. The road, which  
was so bad that it was difficult for  
a doctor to get out to attend the sick  
is now ditched on each side and  
thrown up in the middle, making a  
good road to travel. The citizens  
of the neighborhood are to be con-  
gratulated on their get up and get.

#### CHEAP BRICK FOR BARBOURVILLE.

From appearances, one would ex-  
pect the city to be favored in the fu-  
ture with plenty and cheap brick.  
We understand Turner and Mason  
are planning to put in a brick plant  
on land of Sam Hayes, near ceme-  
tery. The Barbourville Brick Com-  
pany has had an expert in its plant  
for several weeks planning new  
methods and machinery to make the  
best brick possible. It is now put-  
ting in three more drier tunnels and  
will thereby increase drying capacity  
fifty per cent. It will soon begin  
construction of additional kilns to  
take care of this output. Its man-  
agers said to the Advocate reporter  
that it will with new methods and  
machinery be able to meet competi-  
tion, that it can and will make the  
best brick possible and will sell them  
cheaper than anybody.

#### SAD ACCIDENT

Johanne Jones, says the latest news,  
Left town on the Glorious Fourth.  
A firefly lit on his cracker fuse.  
And he's headed nor'west by north.

#### BEX MESSER IN TOWN

Recently Shot at Four Mile

Ben Messer, who runs a store at  
Four Mile, just across the line in  
Bell County, was in town Tuesday.

On June 6th, at 9:30 p. m. Mr.  
Messer was preparing to close the  
store when Willie Hendrickson, of  
Four Mile, and Marion Combs, a  
stranger in the neighborhood, entered  
the store and ordered 25c worth  
of sausage and a dime's worth of  
crackers. Mr. Messer had reached  
under the counter to get the crack-  
ers when one of the two young men  
shot him thru the right cheek just  
above the lobe of the ear, the bullet  
coming out at the left cheek bone,  
having passed clear thru his head.  
He fell to the floor and was uncon-  
scious for a minute or two, due to  
the shock of the impact of the bullet  
but got up and found the men were  
gone. He secured a pistol and fired  
it several times to give the alarm  
and in a short time Willie Sealf ar-  
rived, followed by W. H. Davis of  
Barbourville. They stayed with the  
wounded man until Dr. Martin, of  
Four Mile, and Dr. Wilson, of Pine-  
ville, arrived when he was taken to  
the hospital at Pineville. Two scars  
remain as a memento of the occasion.  
For a time his left eye was weak  
but it seems alright now.

Combs was arrested at 2 o'clock  
the same night and Hendrickson,  
who is charged with being a deserter  
from the U. S. Army, on the 22nd  
was taken by the military authori-  
ties and will be held by them until  
his trial.

#### NATURE'S MIRROR



When a  
woman is  
well and  
healthy—  
there's a  
sparkle in  
her eyes, a  
rose tint in  
her cheeks,  
and she has  
rich red  
blood. There's  
elasticity in  
every move-  
ment and a  
spring in her  
step. Love

comes to every woman who has  
bounding health—but when she is  
pallid, dull eyed, languid, she has  
no magnetism nor does she appeal  
to any man.

Such a change in feelings and  
looks!

After suffering pain, feeling ner-  
vous, dizzy, weak and dragged  
down by weaknesses of her sex—  
with eyes sunken, black circles and  
pale cheeks—such a woman is  
quickly restored to health by the  
Favorite Prescription of Dr. Pierce.  
Changed, too, in looks, for after  
taking Dr. Pierce's Favorite Pres-  
cription the skin becomes clear,  
the eyes brighter, the cheeks  
plump. It is purely vegetable,  
contains no alcohol.

Druggists sell it in tablets or  
liquid. Send Dr. Pierce, Buffalo,  
N. Y., 10c for trial package.



#### FOR STATE SENATOR

I am a candidate for the Republi-  
can nomination for state Senator in  
the 17th Senatorial district composed  
of the counties of Knox, Laurel and  
Bell, at the primary to be held in Au-  
gust of this year.

Respectfully yours,  
W. L. Moss.

#### FOR REPRESENTATIVE

We Are Authorized to Announce  
Esq. Sam M. Bennett candidate for  
Representative of Knox County sub-  
ject to the action of the Republican  
Primary August 2nd, 1919.

We Are Authorized to Announce  
Richard C. Miller, candidate for  
Representative of Knox County sub-  
ject to the action of the Republican  
Primary, August 2nd, 1919.

We are authorized to announce.  
The candidacy of W. H. Green for  
Representative of Knox County, sub-  
ject to the action of the Republican  
primaries, August 2nd, 1919.

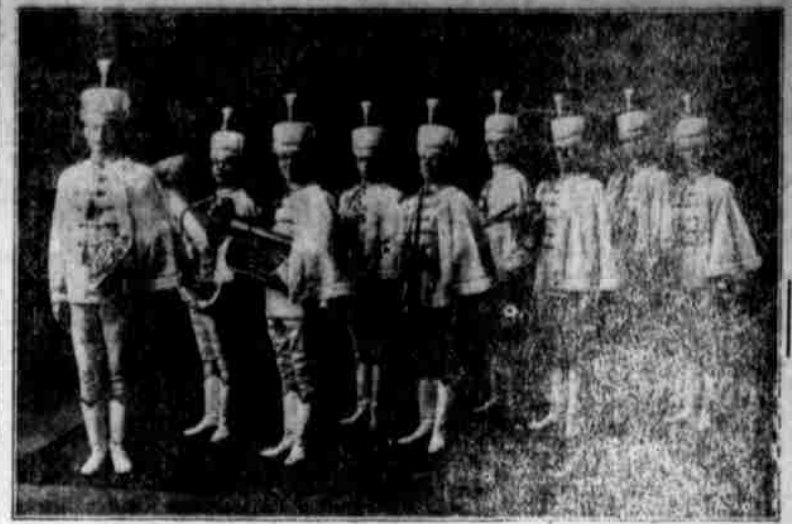
We Are Authorized to Announce  
J. H. Blackburn, candidate for  
Representative of Knox County,  
subject to the action of the Republi-  
can Primaries, August 2nd., 1919

We Are Authorized To Announce  
John H. Catron as a candidate for  
Representative for Knox County,  
subject to the action of the Republi-  
can Primary, August 2nd.

#### DEATHS

The death of Tommie Williamson,  
nine months old son of Mr. and Mrs.  
Lige Williamson Walker, Ky., oc-  
curred Sunday evening, the cause of  
death being cholera morbus. The  
funeral was held Tuesday at Walker  
graveyard.

Mrs. Lizzie Hammons, fifty-six  
years of age, of Cannon, Ky., passed  
beyond the veil on Saturday, June  
28th, death being caused by pulmo-  
nary tuberculosis. A husband and  
several children survive.



## DUNBAR'S WHITE HUSSARS

A SINGING BAND

Supreme Chautauqua Attraction

FAMOUS AS

Concert Band - Vocal Chorus

SINGING COMEDIANS

STUNT CLUB

7 Years of Transcontinental Tours

Barbourville Chautauqua

Saturday, July 12, 8:30 p.m.

Mr. John M. Tinsley has returned  
from Horian and will be at home  
permanently to his many friends.  
On Sunday his return was celebrated  
by a dinner cooked at the Tinsley  
home and eaten at the G. M. Rich-  
ard's home with Mr. C. F. Heidrick  
as an honor guest, he being an al-  
falfa widower at present as Mrs.  
Heidrick is away.

#### MRS. BURN'S LETTER

Here is a letter that is certain to  
prove of interest to people in this  
vicinity, as cases of this sort occur  
in almost every neighborhood, and  
people should know what to do in  
like circumstances:

Savannah, Mo., Oct. 12, 1916.

"I used a bottle of Chamberlain's  
Colic and Diarrhoea Remedy about  
nine years ago and it cured me of  
flux (dysentery). I had another at-  
tack of the same complaint some  
three or four years ago and a few  
doses of this remedy cured me. I  
have recommended Chamberlain's  
Colic and Diarrhoea Remedy to doz-  
ens of people since I first used it."

#### WANTED

A good cook who will also help  
with canning. A reliable person will  
find a permanent place. Apply St.  
John's Collegiate Institute, Corbin,  
Ky. or The Mountain Advocate Of-  
fice, Barbourville, Ky.

# PRINCE ALBERT



YOU can't help cutting loose joy'us  
remarks every time you flush your  
smokespot with Prince Albert—it hits  
you so fast and square. It's a scuttle full of jimmy  
pipe and cigarette makin's sunshine and as satisfy-  
ing as it is delightful every hour of the twenty-four!

It's never too late to hop into the Prince Albert pleasure-  
pasture! For, P. A. is trigger-ready to give you more  
tobacco fun than you've ever had in your smokecareer.  
That's because it has the quality.

Quick as you know Prince Albert you'll write it down  
that P. A. did not bite your tongue or parch your throat.  
And, it never will! For, our exclusive patented process  
cuts out bite and parch. Try it for what ails your tongue!

Toppy red bags, tidy red tins, handsome pound and half pound tin  
humidors—and—that clever, practical pound crystal glass humidior with  
sponge moisture top that keeps the tobacco in such perfect condition.

R. J. Reynolds Tobacco Company, Winston-Salem, N. C.

